

# ALL THE

# ENERGY!!

## e+

- a long lasting, flavourful energy shot made with naturally sourced, plant-based caffeine and herbal adaptogens
- helps combat stress & provides mental clarity
- includes naturally sources caffeine derived from green tea & yerba matte to provide energy
- no artificial colours, sweeteners, or flavours



[bewholehearted.ca](http://bewholehearted.ca)